



481-493 Maroondah Hwy, Ringwood P.O. Box 753, Ringwood, Vic. 3134
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Website: eclipsegymnastics.com.au

2026 GENERAL GYM CLASSES

What is the General Gym program?

General Gym is a 55 minute per week class for boys and girls from Prep to Grade 5. General gym gives a solid base of skills and physical preparation to move through the Eclipse programs, and will also enhance any sport in which a child participates. The General Gym program utilises all equipment including bars, beams, trampolines and foam pit, and teaches skill such as handstands, cartwheels, swings, safe landings along with various locomotor activities on beam. General Gym is suitable for primary school aged children.

Uniform requirements

There is no set uniform at this level, but children need to wear clothing suitable for gymnastics activities. Shorts/leggings and T-shirt, or a leotard is perfect. The class is done in bare feet. All gymnasts must bring a named drink bottle to class (water only).

Tuition fees

Fees are charged annually from your child's first class to their final class for the year, and are paid via monthly direct debit on the 15th of each month using your nominated credit card. Fees are paid slightly in advance, so there will be an initial upfront payment when you first start. You can set up your direct debit with our reception staff either in person or over the phone. Enrolments can be cancelled at any time with 14 days written notice.

Registration fees

The registration fees are paid per calendar year. Club registration covers certificates, club T-shirt, equipment maintenance and administration. Gymnastics Victoria registration includes accident insurance. Please note that registration fees are non refundable once the gymnast is registered with Gymnastics Victoria.

Enrolment procedure

You can either give us a call on 9870 4515 or click the link below to enquire about vacancies or ask any further questions you may have. Enquiry form: <https://form.jotform.com/eclipsegym/enquiry>

GENERAL GYM - 55 minutes per week

Age group	Class times	Tuition fees	Annual registration fees
Prep-Grade 5	Monday 4.00-4.55pm Tuesday 4.00-4.55pm, 5.05-6.00pm Wednesday & Thursday 4.00-4.55pm, 5.35-6.30pm Friday 4.00-4.55pm, 5.10-6.05pm Saturday 9.00-9.55am, 10.10-11.05am, 11.15am-12.10pm	Monthly fee: \$120.22 (11 payments from Jan-Nov)	\$90.00 per child (family discounts apply)

- All classes run as normal through the April, June and September holidays. The final classes for 2026 will be December 19th.
- Classes do not run on public holidays. Your monthly payment will be reduced where a public holiday falls on the day of your child's class.
- A 5% family discount is applied to tuition fees for each subsequent child enrolled from the same family.
- Make up classes are available and must be done within 10 weeks in the current year while the gymnast is a current member.