



ECLIPSE GYMNASTICS COVID-19 SAFETY PLAN

As at May 20th, 2022.

This plan has been developed referencing VIC Government directives along with the following reference documents:

- National Principles for the resumption of sport and recreation activity
- Sport Australia COVID-19 Return to Sport Toolkit
- General factsheets and information from the Australian Government Department of Health

This plan will remain flexible and will be adapted as and when restrictions are changed in a COVID environment over the short and long term.

GENERAL INFORMATION

- 1. No one is to enter Eclipse Gymnastics facility if they are unwell or have any of the following:**
 - Cold or flu like symptoms including cough, fever, shortness of breath, gastro.
- 2. Face coverings:**
 - When required by Government regulations a fitted face covering must be worn at all times within the venue.
 - When required by Government regulations, participating gymnasts over the age of 12 must wear a suitable face covering when entering and exiting the building and when using the bathrooms. It can be removed during training.
 - When required by Government regulations, coaches will wear a face covering for the majority of the class but are allowed to remove them when explaining and/or demonstrating the activities to the gymnasts.
- 3. Spectators:** ***Please note the number of people allowed in the spectator area is subject to change without notice depending on any Government restrictions in place at the time.*
 - Spectators are welcome to stay and watch classes.
 - It is personal preference whether or not spectators choose to wear a mask unless Government regulations require masks to be worn.
 - Parents/guardians are welcome to wait in their cars in the car park if they would prefer. A staff member will phone or come and get you if necessary.
- 4. Carpark:**
 - In the interest of everyone's safety parents/guardians must NOT drive up to the front steps to drop their child off.
 - Even if you are dropping off and leaving you must park in a marked car space and walk your child to the front door. You are welcome to drop them there without entering the building yourself.
 - Please be patient with drop off and pick up as safety is the number one priority.
- 6. Entering the facility:**
 - It is no longer a requirement to check in or show proof of vaccination.
 - Hand sanitiser is available upon entry.
- 7. Drink bottles:**
 - Gymnasts must bring their own **CLEARLY NAMED** drink bottle as the drink fountain will not be in use.
 - Drink bottles left at the gym will be disposed of immediately after class regardless of whether or not they are named.



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7. During classes:

- Gymnasts will sanitise their hands as directed by coaches throughout the session.
- Coaches will sanitise their hands regularly during the class.

8. If someone becomes unwell:

- Gymnasts, coaches, parents/guardians must NOT attend gymnastics if they are unwell.
- If a gymnast or coach becomes unwell during training they will be sent home immediately.

9. Class dismissal and exiting the facility:

- Participants must exit the building immediately after their class via the front doors.
- Hand sanitiser will be available at the exit.
- Coaches will be available at the end of classes for a brief chat with parents but if you need to speak to your child's coach in more detail, please let someone at reception know so that we can organise that for you.
- Staff will supervise the exit doors to monitor children as they leave the building and ensure they safely find their parent/guardian.

10. Cleaning protocols:

- Eclipse Gymnastics will follow guidelines released by Gymnastics Australia regarding cleaning and hygiene standards to minimise the risk of a COVID-19 outbreak within our facilities.
- These protocols and guidelines are implemented daily with ongoing cleaning and disinfecting of frequently touched surfaces being undertaken in line with manufacturer protocols, particularly for gymnastics equipment.
- The foyer, reception area, bathrooms, spectator area and office are fully cleaned daily and spot cleaned between classes.

11. Staff:

- All staff must be fully vaccinated.
- Staff displaying any COVID symptoms must test immediately and not work until they have negative test.
- Staff who are household contacts can still work but must test negative on a rapid antigen test on at least 5 days out of the 7 day period.

OTHER USEFUL INFORMATION AND LINKS:

For up to date information on the latest developments (Australian Department of Health):

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

Health Direct:

<https://www.healthdirect.gov.au/coronavirus>